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FLIPPING YOUR MISTAKES, FAILURES & OBSTACLES WORKSHEET

Instructions:

List the mistakes, obstacles and failures you would like to turn around in your life, then in the “How I Will Flip It” column, write the step you will take to change things.

Mistakes, Failures, Obstacles	How I Will Flip It
Example: I allowed myself to get into too much debt.	I will be more disciplined with my spending and pay off all my debts using a consolidation plan.

Remember: The purpose of “Flipping It” is to empower yourself and make you see that there is a way out, so rather than just accepting a bad situation as your “fate” empower yourself and FLIP IT.